

LECOM HEALTH SYSTEM

# **Corry Memorial Hospital**

## **"Community Health Care Improvement Plan"**

2021 – 2024

Developed by: Community Health Improvement Committee

Submitted by: Barbara D. Nichols, RN

## **INTRODUCTION**

The information and statistics contained in this document are compiled from the Erie County Community Health Needs Assessment. A community health needs assessment (CHNA) is a tool used to evaluate the health status of residents and identify areas of concern within the community. Data comes from multiple sources including residents living in the county, Corry, and surrounding area of Erie County.

The long range goal is to provide opportunities to educate individuals about healthier life styles that would have long term positive impacts on individuals and improve their health status.

Under the Patient Protection & Affordable Care Act, non-profit, tax-exempt hospitals must conduct a Community Health Needs Assessment for the primary service area in collaboration with other agencies and organizations in the community.

The objectives of the Erie County Community Health Needs Assessment are to: (1) provide a comprehensive overview of the health status of the residents of Erie County; (2) identify priority health needs within the county service area; (3) organize these priorities into strategic issues; (4) share this information with the community; and 5) use these priorities to guide the community outreach activities and to develop future collaboration among agencies and organizations in the community to address the identified healthcare needs.

The Corry Memorial Hospital Health Improvement Plan was developed from data obtained from the Erie County Health Needs Assessment that was completed in 2018 and data from the Blue Zones Corry Project. The Blue Zones Corry Project data was specifically on the Corry area residents. There were multiple surveys throughout the 3-year project through May 2022.

The Community Health Improvement Plan will be developed, reviewed, and revised as needed by the Corry Memorial Hospital Community Health Improvement Committee. The Plan will be revised at least every three years. The Plan will be reviewed by employees, members of the Medical Staff, and LECOM Corry Memorial Hospital Board members. The Plan reflects the strategic issues, overarching challenges, and priorities identified with the Blue Zones Corry Project. The Plan will be revised as the need arises to meet the health needs of the community.

The members of the Corry Memorial Hospital Community Health Improvement Committee are:

Becky Benson, RN  
Debbie Burrows, RN  
Ellen Eiss, RN  
Trish Hurd

Barbara D. Nichols, RN  
Angela Pizer, RDN, CDM  
Trisha Sawyer  
Patty White, RN

## **EXECUTIVE SUMMARY**

Corry Memorial Hospital is a 20-bed, not-for-profit Critical Access Hospital located at 965 Shamrock Lane, Corry, Pennsylvania 16407. The Hospital has served the residents of Corry and the surrounding rural communities since 1896 for 126 years. The Hospital provides primary acute care and outpatient services.

Corry Memorial Hospital became an affiliate of LECOM Health in 2016. By becoming an affiliate of LECOM Health, Corry has access to physicians and specialists. Access to physicians and specialists has enabled more acute care services and outpatient services to be provided at the Hospital and Rural Health Clinics.

The Corry Memorial Hospital Community Health Improvement Plan has been developed to address the health and wellness needs of the people of the hospital service area.

The Community Health Improvement Plan identifies activities to address health needs of individuals to promote better health knowledge and wellbeing for participating individuals. The Health Improvement Plan activities will be budgeted to assure implementation.

The Health Improvement Plan will provide opportunities for improved health and wellbeing of the people engaged in the Community Health Improvement activities.

## COMMUNITY HEALTH NEEDS ASSESSMENT

The Community Health Improvement Plan identified strategic activities to address healthcare needs identified in the assessment.

The Community Health Needs Assessment Health Improvement Plan is:

- Multisector collaboratives that support shared ownership of all phases of community health improvement, including assessment, planning, investments, implementation, and evaluation.
- Proactive – broad, diverse community engagement to improve results.
- Use of evidence-based interventions.
- Ongoing evaluation to inform a continuous improvement process.
- Use of data to determine the Health Improvement Plan.

The ultimate goal of the Community Health Assessment Plan is the essential components are community engagement and collaborative participation. It is a systematic process involving the community to identify and analyze community health needs and assets in order to prioritize the health needs and develop a plan to improve and/or meet the unmet community health needs.

It is a long-term effort to address the identified public health problems to improve the health status of the community. The Community Health Improvement Plan is a 3-year plan and updated as needed.

It should define the vision for the health of the community through a collaborative process and address the strengths, weaknesses, challenges, and opportunities that exist in the community to improve the health status of the community.

The Plan addresses the public health issues and problems as identified in the Erie County Health Needs Assessment.

The Community Health Improvement Plan benefits include:

- Improved organizational and community coordination and collaboration.
- Increased knowledge of public health needs.
- Enhanced collaboration and strengthened relationships of organizations on local and state public health systems by joint efforts to address identified community health improvement needs.
- Address strengths and weaknesses to address quality improvement efforts.

The health of a community is a shared responsibility. Our health and wellbeing are products of the health care we receive and choices we make and where we live, learn, work, and play.

The Community Health Improvement Plan with organizations working together has a greater impact on the health and economic vitality of the community.

## **THE COMMUNITY HEALTH NEEDS ASSESSMENT PROCESS**

Corry Memorial Hospital joined the assessment and process that was guided by a group of leaders representing a cross section of the community. The process began in July 2017 with organizational teleconferences among the four nonprofit hospitals and the Erie County Department of Health. Erie County was identified as the service area for all hospitals and fiscal year deadlines were identified.

The Erie County Department of Health was the lead agency. Corry Memorial Hospital, Millcreek Community Hospital, Saint Vincent Hospital, UPMC Hamot, Community Health Net, the Erie Community Foundation, Erie County Office of Drug & Alcohol Abuse, Safe Harbor Behavioral Health of UPMC Hamot, and the United Way of Erie County formed a collaboration in order to complete a comprehensive Erie County Community Health Needs Assessment.

Representatives from each organization were the Committee members to evaluate the Community Health Needs Assessment comprehensive needs assessment with both quantitative and qualitative data collected. Health indicators are reported as individual data points and are also included in trend analyses. Statistics for gender, race, ethnicity, age, education, and income are listed when available. Finally, indicators are compared to state and national 2020 data. Priorities for Erie County were identified using a priority matrix, ranking system, and asset inventory. Final strategic issues and overarching challenges were developed.

The goal of the assessment for Corry Memorial Hospital is to identify, analyze, and actively respond to the changes in healthcare needs of its community by the review and revision of its ongoing action plan for healthcare improvement through the use of the comprehensive needs assessment, the 2018 Erie County Community Health Blueprint, and the Blue Zones Project Corry data.

## **Corry Memorial Hospital**

Corry Memorial Hospital is a 20 bed Critical Access Hospital that serves approximately 20,000 people in a tri-county region of Northwestern Pennsylvania, including Erie, Crawford and Warren counties in Pennsylvania and Chautauqua County in Southwestern New York. Corry Memorial Hospital has a 30 mile circumference area to the next closest health care facility and is located in southern Erie County. CMH provides health care to an estimated 12% of the population of the Erie County. The highest poverty rates for the County are in the City of Erie and the City of Corry.

Corry Memorial Hospital's service area is a designated Health Care Service Shortage Area by the Health Resources and Services Administration. This designation raises the community's expectation for health care services provided by the hospital. It is the vision of Corry Memorial Hospital to be the enduring first choice for regional health care. The mission is: Corry Memorial Hospital – community of caregivers committed to excellence. These ideals are met by:

- Financially positioning the facility to be able to provide quality care with a state-of-the-art facility and equipment.
- Providing “Wellness Environment” patient rooms in the 20-bed acute care unit.
- Provide state-of-the-art diagnostic equipment for radiology, cardiopulmonary, laboratory services, surgical procedures, oncology clinic, and emergency department equipment and staff.
- Provide multiple therapeutic services for outpatients as well as the inpatients reducing the need for travel outside the geographic area.
- Provide Community Service through job shadowing and community service hours for high school students, a clinic site for many medical training programs, a meeting place for many community groups, and much more.
- Collaborating and working with other local providers and agencies to promote wellness in the community.
- Became a member of LECOM Health System on February 29, 2016 to secure a presence of the hospital in Corry, PA, for many years.
- As a member of LECOM Health, additional growth is expected to address the needs of the community. The Corry Memorial Hospital Rural Health Clinic was constructed and attached to the Hospital. An independent senior living building close to the Hospital was also constructed and is known as Parkside Corry.
- Becoming an affiliate of the LECOM Health System has enabled more physicians and specialists to be available on a regular basis to meet the healthcare needs of the community.
- Specialists are available on a regular schedule at the Rural Health Clinics.
- CMH offers a wide range of inpatient, outpatient, diagnostic, rehabilitative, specialty, community based and educational services.



Corry Memorial Hospital, a Critical Access Hospital located at 965 Shamrock Lane, Corry, Pennsylvania, opened as a new state-of-the-art facility in late 2012. The hospital is licensed for 20 beds. Each private room has Wellness Environment finishes with a private bathroom and shower and a recliner and sofa that makes into a bed should a family member want to stay overnight. Each room has large windows with privacy curtains, television, and computer for staff use. We offer inpatient and outpatient services. Transition from Acute Care to skilled nursing care is available with the Transitional Care Plus – swing bed services.

The inpatient services consist of medical and post-operative surgical care. Surgical services are inpatient and outpatient / same day surgical procedures. These services include general surgery, orthopedics, ophthalmic, and urology. Gastroenterology procedures are also performed on a regular basis.

We have a full service laboratory, cardiopulmonary (respiratory therapy, EKG, ECHOs, stress testing), imaging (mammography, ultrasound, CT scanning, nuclear medicine, MRI, PET), physical and occupational therapy, speech/language services, emergency department, and the regional ambulance service vehicles are stationed here. Corry Memorial Hospital also has an oncology clinic.

For more information, please call Corry Memorial Hospital at 814/664-4641.

### Cardiopulmonary

A complete array of cardiopulmonary services are available at the hospital. These services include: EKG, ECHOs, cardiac stress tests, and respiratory therapy services. These services are available for inpatients and outpatients.

### Laboratory Services

Lab offers a complete, full service laboratory for inpatients and outpatients. State-of-the-art instrumentation enables timely and accurate testing for the physicians assisting with their diagnosis.

### Radiology/Imaging Services

Our Imaging Department provides multiple radiology services for diagnostic testing. These services include standard radiology studies, MRI, nuclear medicine studies, 3D mammography, fluoroscopy, CT scans, ultrasound imaging (these studies are scheduled and available for emergency services), PET/CT, and DEXA scans.

### Rehabilitative Services

Rehabilitative services provide a wide array of services and treatments. These services include physical therapy, occupational therapy to improve the skills needed for daily living. Speech and language therapy offers personalized evaluations, individual therapy and counseling for anyone with communication problems. Disabilities involving speech, voice, language communication, and swallowing.

### Oncology Clinic

Oncology clinic is held every Thursday under the direction of a Board Certified Hematologist Oncologist. Additional days may be added to meet the patients' oncological treatment plan.

### Surgical Services

Our Surgery Department has two state-of-the-art surgery suites, procedure room, pre-operative area, and post-operative recovery area. General surgery, urology surgical procedures, orthopedic surgery, and ophthalmic surgery is performed on a scheduled basis. Gastroenterology (colonoscopy and EGDs) are performed in a dedicated procedure room within the surgical suite. Surgical procedures include inpatients and outpatients (same day surgery).

### Emergency Department

The Emergency Department serves the community for medical and surgical emergencies and non-scheduled healthcare needs. The ED is staffed with Emergency Medicine physicians and dedicated nursing staff.

### Ambulance Services (EmergyCare)

The ambulance service is available to provide life-saving, pre-hospital care. It provides basic and advanced life support transports to the hospital. The ambulance service also transports patients to other facilities when patients require a higher level of care. Helicopter transports are available at the hospital. Our own helipad is located on campus at a dedicated space.

### Nutrition/Dietary

Special nutrition and dietary counseling is available for patients as needed to meet their specific nutritional needs.

### Utilization Review

The Utilization Review nurse reviews each patient's plan of care and coordinates the services with the insurance payor.

### Acute Nursing Unit

The acute nursing unit has 20 private patient rooms. The Wellness Environment rooms are 260 square feet providing extra space for the patients and their family members. Each room has a bathroom and shower facility within the patient room, large windows for lighting, and electronic privacy curtains. A sofa bed is in each room for visitor comfort. Each room has a 42" color television and Wi-Fi availability. Each room has a computer for use by healthcare professionals and is equipped with cardiac monitoring as needed. These rooms are for inpatients and patients enrolled in the TCP (Transitional Care Plus) program. Patients enrolled in TCP are a skilled level of care for nursing, possible medication administration, and intense rehabilitative services of physical and/or occupational therapy for activities of daily living.

### Discharge Planning

The Discharge Planning nurse meets with the patient's family members to prepare for discharge from the hospital, coordinating both medical and non-medical needs.



## **BLUE ZONES PROJECT CORRY**

The Erie County Health Needs Assessment was completed in 2018. The report identified several areas that the Corry region exceeded other State results. These areas are addressed in the Community Healthcare Improvement Plans.

The Corry Memorial Hospital Community Health Improvement Committee reviewed the Erie County Community Health Needs Assessment report. The Plan reflects the strategic issues and overarching challenges identified in the “Erie County Community Health Blueprint” as they apply to population served by Corry Memorial Hospital.

The information will update and revise the ongoing Corry Memorial Hospital Community Health Care Improvement Plan.

The Director of the Erie County Department of Health contacted Blue Zones regarding their program. After interviewing the Blue Zones representatives and established agreed upon goals that would address some of the health needs identified in the Erie County Community Health Needs Assessment, Blue Zones was contracted for a 3-year project pending financial funding.

Funding for the 3-year project was committed by AHN Highmark, UPMC Hamot, and LECOM Health Corry Memorial Hospital. The Blue Zones Project for Corry was from April 30, 2019 to April 30, 2022. Currently the Blue Zones representatives are determining the final directives that will be evaluated in the Blue Zones Certification Evaluation to be completed in mid-May. A sustainability plan is currently being developed with goals and a timeline for completion. The sustainability plan and length of time to achieve it will be determined by the available financial funding for the project. The Blue Zones Project did not receive funding to expand the program into Erie, Millcreek, and other areas of the County.

The Blue Zones Project is a community-wide approach to creating healthier and more productive citizens. It uses permanent, evidence-based environmental and policy changes to motivate community members to adapt and maintain healthier lifestyles.

The Blue Zones Project is based on the research by Dan Buettner, a National Geographic Fellow and New York Times best-selling author who identified five cultures with the highest concentration of people living to be 100 years old or older.

The Blue Zones Project is a model for transforming the health and populations to decrease the number of people with obesity, smoking and tobacco use, body mass index, and promoting physical activity on a regular basis, decreased healthcare costs and increasing community involvement in activities.

The Blue Zones Project staff work within the community with numerous organizations, social organizations, community organizations, City Council, and other social organizations.

Blue Zones works with all interested community people and area residents to explore policies for food, restaurants, roads and streets, city parks, schools, public places, organizations with specific interests like bike trails, snowmobiling, groups writing specific needs grants, expanding existing organizations activities to include more people, and increased interactions for people to feel more involved.

The Blue Zones Project focuses on the Power of 9 which is:

- Moving naturally.
- Know your sense of purpose.

- Down shift – remember relatives and others.
- 80% rule – eat only until 80% full with smallest meal eaten in the late afternoon
- Plant slant diet – beans, legumes, cornerstone of diet-staples of diet, meat limited to 5 times a month (pork), 3-5oz. size of deck of cards, limited consumption of processed, prepackaged food.
- Wine – drink alcohol moderately and regularly, 1-2 glasses of wine (Cannonau).
- Belong to a faith-based group.
- Loved ones first – care for family members.
- Right tribe (good people).

The Blue Zones Project Corry was a 3-year project that has been an integral source of support for the Corry community to establish a connection between members of the community as they seek to improve the well-being of the residents. The Blue Zones Corry Project is a community-wide evidenced-based approach to improve the health and well-being in making healthier choices easier for everyone. The Blue Zones Corry Project meets the established agreed upon goals by the Blue Zones staff and the community members/steering committee members.

The goals are accomplished through multiple activities and multiple partnerships with the schools, non-profit organizations, healthcare providers, grocery stores, restaurants, community employers, working with organizations and groups to assist in grant writing for specific items to improve the community, expand the existing farmers market by including additional farmers to participate in the farmers market, establish walking moais for individuals to participate in and develop new relationships and increase physical activities of individuals, expanding the walking and bicycling trails, and extending the trials to promote safe trails.

The Blue Zones Corry Project focused on activities that could result in positive results for health need assessments. Many of the Blue Zones Project activities included basic cooking and Blue Zones food/meal preparation. Several types of cooking have been presented throughout the project. Several crock pots and items for recipes were given to the participants.

Currently the Blue Zones Corry Project is being evaluated by ShareCare Blue Zones. The Blue Zones Corry Project must be evaluated and determined if the 3-year project met the certification guidelines. The Blue Zones Corry Project must achieve at least 20% of the community residents to sign the Blue Zones Personal Pledge and complete one action for completion of the Blue Zones Community Policy Pledge.

At least 50% of the top twenty community employers must have the following:

- Identified employers must become a Blue Zones Worksite achieving specific goals and activities for and with their employees.
- At least 25 percent of independently or locally owned restaurants become a Blue Zone restaurant.
- At least 25% of public schools become a Blue Zones school.
- At least 25% of grocery stores become a Blue Zones grocery store.
- Must develop a funding source.

The Blue Zones Project is based on the assumption that we spend 90% of our lives in a 20 mile “life radius.” Within that life radius, the Blue Zones Project focuses on optimizing:

- The built environment: improving roads and transportation options, parks, and public spaces.
- Municipal policies and ordinances: promoting activity and discouraging junk food marketing and smoking.
- Restaurants, schools, grocery stores, and workplaces. Building healthier options into the places people spend most of their time.
- Social networks: forming and nurturing social groups that support health habits.
- Habitat: helping people design homes that nudge them into eating less and moving more.
- Inner-selves: encouraging people to reduce stress, find their purpose, and give back to the community.

The process for the Blues Zones Project focuses on making the healthy choice the easy choice. Instead of nagging people to exercise, they make walking easier and more desirable than driving. By making wholesome foods more accessible and less expensive than junk foods, people begin to eat healthier naturally.

The Project is based on sustainability to result in long term impact on the test of time.

The Blue Zones Projects total 51 throughout the world. The Blue Zones Corry Project is number 47 and the only Blue Zones Project in the northeastern United States.

The Blue Zones Project Corry received Blue Zones Certification in May 2022. This was achieved by meeting or exceeding specific goals for the community and project to achieve.

The Certification is for 3 years, ending in May 2025.

The Blue Zones Project Corry is the first Blue Zones certified project in the eastern United States.

A sustainability program is being developed and implemented to be completed by December 31, 2022.

## Erie County

Erie County forms the northwest corner of the state bounded by Lake Erie on the northwest. The states of Ohio and New York are on the west and east respectively and parts of Warren and Crawford counties are on the east and south.

The County has a total area of 1,558 square miles of which 799 square miles is land and 759 square miles is water. It is the largest county of the 67 counties in Pennsylvania.

The 2020 census population of Erie County was 270,876. The Pennsylvania's estimated Erie County population for f2022 is 264,280 with a growth rate of -0.68% in the past year according to the most recent United States census data.

Population by race is: 85.6 % white  
7.15% black or African American  
1.83% Asian  
0.25% American Indian

Erie County sex ratio: 137,725 50.62% Female  
134,323 49.38% Male

Median Age: 42 years old

Education Attained: Less than 9<sup>th</sup> grade 2.65%  
9<sup>th</sup> to 12 to grade 5.86%  
High school graduate 37.76%  
Some college 15.49%  
Associates degree 9.62%  
Bachelors degree 18.39%  
Graduate degree 10.32%

The highest poverty rates are in the City of Erie at (26.4%), Edinboro borough (26.3%), and the City of Corry (21.6%).

Table 3. Erie County Community Health Blueprint

Strategic Issues, Overarching Challenges, and Priority Indicators

**Strategic Issues & Target Populations**

<b>LIFESTYLE BEHAVIOR CHANGE</b>	Adults	Youth	Aging Population	Low Income	African-American	LGBTQA+	Geography Urban/Rural
Nutrition	•		•	•	•	•	
Physical Inactivity	•			•		•	
Tobacco	•	•		•	•	•	•
Alcohol/Other Substance Use Disorder	•	•		•	•	•	•
<b>DISEASE PREVENTION, EARLY DETECTION, CONTROL</b>							
Obesity	•	•	•	•	•	•	•
Cardiovascular Disease	•		•	•	•		
Diabetes & Pre-Diabetes	•		•		•		•
COPD	•		•	•	•		•
Cancer: Lung, Breast, Prostate, Colorectal	•		•	•	•	•	
<b>MENTAL HEALTH/QUALITY OF LIFE</b>							
Depression	•	•		•		•	•
Suicide	•	•				•	
Poor Mental Health	•	•		•	•	•	•
Poor Physical Health	•			•	•		•
Health Literacy	•			•	•		

**Overarching Challenges**

POVERTY

HEALTH INEQUITY

PRIMARY CARE PROVIDER SHORTAGE FOR UNDERSERVED

MEDICAL/MENTAL HEALTH PROVIDER SHORTAGE

EDUCATIONAL ATTAINMENT

MENTAL HEALTH STIGMA

OPIOID EPIDEMIC

CULTURAL COMPETENCY

HOUSEHOLD FACTORS

ELECTRONICS - NEGATIVE EFFECTS

## **The Health of the Community**

The objectives of the 2018 Erie County Community Health Needs Assessment were to (1) provide a comprehensive overview of the health status of Erie County, (2) identify priority health needs within the county, (3) organize these priorities into strategic issues, (4) share this information with the community at large, including stakeholders, and (5) use these priorities to guide community outreach and future collaborative action among organizations within the community. The same needs are identified for the 2022-2025 Health Improvement Plan. There is more emphasis on mental health needs.

This report is divided into the following sections: (1) Demographics, (2) Maternal, Infant, and Child Health, (3) Mortality, Cancer, and Injury, (4) Infectious Diseases, (5) Chronic Diseases and Conditions, (6) Preventative Health Services, (7) Health Risk Behaviors, (8) Mental and Behavioral Health, (9) Special Populations, (10) Health-Related Quality of Life, (11) Health Care Access, (12) Health Care Providers, (13) Safety and Crime, (14) Environmental Health, (15) Quality of Life, and (16) Focus Groups. Selected Healthy People 2010 and 2020 goals are also included. Data sources are listed at the end of each section.

The conclusions that were identified through the Community Health Needs Assessment completed by Corry Memorial Hospital with the Erie County Department of Health et al. are not new nor are the ongoing efforts to address them. Corry Memorial Hospital will continue to be part of the Erie County Blueprint for Health Care Improvement on a county level.

As part of our commitment to our community, we at Corry Memorial Hospital along with our community partners, are working on county wide action plans in support of the Erie County Community Needs Assessment. Corry Memorial Hospital will continue to address the ongoing health care needs of its local service area as described.

## Improving the Health of Corry Memorial Hospital Service Area

### LIFESTYLE BEHAVIOR CHANGE

Program	Activities	Goal	Target Population	Partners
Nutrition  Dietary Health and Wellness  (Nutrition/Obesity)	<p>-Provide nutritional talks and information at community and hospital events.</p> <p>-Provide nutrition information and/or presentations at Speech Camp, Hunters' Safety Program, WW, Group, School District Wellness Days, and various organizations as requested</p> <p>-Provide fat analysis with nutritional talks at various venues</p> <p>-Provide information on making healthy snacks</p>	<p>Increase awareness of healthy nutrition and life style modification for wellness</p> <p>Increase knowledge of eat well, live better</p>	<p>Residents of Community</p> <p>Senior Centers in Corry and Union City</p> <p>General public support groups</p> <p>General service organizations and agencies and businesses enrolled in Occ. Health as requested</p> <p>Residents at Parkside Corry</p>	<p>Corry Memorial Hospital</p> <p>Corry Chamber of Commerce</p> <p>Corry YMCA</p>

Program	Activities	Goal	Target Population	Partners
Physical Activity				
Walk for the Health of It	Organized walking programs of various length of time to encourage walking and physical activity	Increase the amount of physical activity and the number of participants committed to participate	CMH employees and family members	Corry Memorial Hospital
	Establish moai schedule of times and locations	Expand the program to other organizations and community participation	Community organizations and agencies	Corry Chamber of Commerce
	Continue the ongoing screening practices in the primary care physician offices, Rural Health Clinic, Emergency Dept. Oncology, Acute Care	Improve the level of physical activity of individual participants	Community businesses contracted with Occupational Health	Area Industries with Occ. Health Contracts with CMH
Tobacco				
Screening for tobacco use and education about tobacco and health	Administer Accupuncture for smoking cessation by independent physician on staff	To decrease the use of tobacco in the community	Residents at Parkside Corry	Blue Zones participants
	Brochures available on smoking in offices and lobby for individuals to take	Increase the use of PA Quit Line		Corry YMCA
		To have 10 people stop smoking using accupuncture	All patients of CMH and Rural Health Clinic and physician offices	CMH
			General public attending smoking cessation classes	Rural Health Clinics
				Physician Offices
				Erie County Department of Health
				PA Quit



Program	Activities	Goal	Target Population	Partners
<p>Alcohol &amp; Other Substance Use Disorders</p> <p>Screening and education for alcohol/substance abuse</p>	<p>Continue the ongoing screening practices in the Rural Health Clinic, physician offices, Emergency Department, and the Acute Nursing Unit</p> <p>Develop appropriate information flyers</p> <p>Provide education and appropriate referral information for treatment to individuals</p> <p>Provide assistance for various support groups as requested</p> <p>Provide programs at Corry Area School District</p>	<p>To decrease the use of alcohol and other substances</p> <p>Increase the number of people referred for treatment as appropriate</p>	<p>All patients of CMH, the Rural Health Clinic, and physician offices</p>	<p>Corry Memorial Hospital</p> <p>Rural Health Clinics</p> <p>AA</p> <p>Sisters for Sobriety</p> <p>AL-ANON</p> <p>Corry City Police</p>

**PREVENTION, EARLY DETECTION, CONTROL**

Program	Activities	Goal	Target Population	Partners
Cardiovascular Disease				
Screening and education for hypertension and hyperlipidemia	Continue ongoing screening practices in the Rural Health Clinic and physician offices	To decrease cardiac disease in the community	Community residents service organizations	Corry Memorial Hospital Rural Health Clinic
Exercises recommended for cardiovascular diseases	Provide information and screenings at community events and hospital sponsored activities  Encourage participation in Check.Change.Control Program  Blood pressure monitoring programs  To promote/ Participate in aerobic exercises and resistance training for 30 minutes at least 5 days a week. To use resistance bands, free weights 2 times a week	The reduction of cardiovascular diseases including heart attacks and strokes  To monitor and improve blood pressures to enhance improved cardiac health	Employees of CMH and Rural Health Clinic  Employees of industries utilizing Occupational Health Services	Corry Area School District Area Industry Business Corry Chamber of Commerce Corry YMCA Employee Groups

Program	Activities	Goal	Target Population	Partners
Diabetes Care and Prevention Program	Provide outpatient diabetic education to newly diagnosed individuals and people with lack of knowledge of diabetes	To increase the understanding and knowledge of diabetes, learn to live a healthier life with diabetes and proper treatment	Residents of the community  Diabetics and their family members and/or caregivers	Corry Memorial Hospital  Erie County Diabetic Educators
	Promote National Diabetic Month		Employee Groups	Corry Chamber of Commerce
	Ongoing education for newly diagnosed diabetics and family members	To enhance diabetics knowledge and understanding of their diet and prescribed medications		Senior Centers in Service Area  County Extension Office
	Participate with information on diabetes at community events and hospital sponsored activities/events	Provide education for all diabetics for one on one as needed to enhance their knowledge and understanding		Area Diabetes Educator  Corry Hi-Ed
	AccuChek units in Employee Health to check for blood sugars	Provide education and knowledge of A1C blood test and use in monitoring diabetes		

Program	Activities	Goal	Target Population	Partners
COPD/Respiratory Illness	<p>Develop information for patient education</p> <p>Distribute information to patients in the ED about COPD asthma</p> <p>Distribute information on COPD and respiratory illnesses at hospital sponsored events and programs and community events</p> <p>Provide educational materials to patients diagnosed with COPD or other respiratory illnesses by Respiratory Therapy Department and Nursing</p> <p>Provide pulmonary function tests for people needing this information to determine medications and/or treatments</p>	<p>Increase the knowledge and understanding of respiratory disease and the treatment</p> <p>Provide PFT for at least 10 individuals for treatment</p>	<p>Community residents</p> <p>Individuals diagnosed with COPD, asthma, and other respiratory diseases</p> <p>People in waiting rooms of the Rural Health Clinics: CMH, Union City, and Clymer</p> <p>People in waiting areas throughout the hospital</p>	<p>Corry Memorial Hospital</p> <p>Rural Health Clinic</p> <p>Corry Chamber of Commerce</p> <p>American Lung Association</p>

**CANCER: PREVENTION & EARLY DETECTION**

Program	Activities	Goal	Target Population	Partners
Cancer: Lung, Breast, Prostate, and Colo-rectal	Provide screening at community events and hospital sponsored activities and hospital programs	Increase the number of participants that attend screening for cancer programs, events.	Residents of our service area	Corry Memorial Hospital
Cancer Screening	Promote National Breast Cancer Awareness Month in October with newspaper articles on mammograms	Provides support for the individuals to discuss various experiences and increase their awareness and coping with cancer	Individuals that have or have had cancer of their family members and caregivers	Erie County Dept. of Health Corry Chamber of Commerce American Cancer Society CMH Oncology Clinic
Community Cancer Support Group	Brochures and information cards on breast cancer and testicular cancer			Erie Cancer Wellness Center
	Cards for self-breast and testicular exams (pictorial)	Distribute colo-rectal screening kits to individuals at community events and hospital sponsored events and to members of various organizations requested to speak at		
	Hold monthly meetings with participants. Build knowledge and support of individuals with cancer or who have had cancer	Distribute information on cancers at the Oncology Clinic, RHC, independent physician offices		

## MENTAL HEALTH / QUALITY OF LIFE

Program	Activities	Goal	Target Population	Partners
Know Your State of Mind Program	Provide the depression assessment scale at hospital sponsored events and community events	To increase the mental health well-being of the people of our service area	People in community and service area	Corry Memorial Hospital
Depression	Increase hospital representatives in the community and service area to encourage individuals to be more active	Increase the availability of information on depression	People in the community	Senior Center in service area
	Schedule community talks by physicians and members of mental health team at Millcreek Community Hospital and LECOM Corry Counseling	To provide 6 talks each year	Students in the Corry Area School District	Corry Counseling Service
Suicide	Develop a refrigerator magnet to distribute to people at the hospital, RHC, and physician offices with numbers of mental health facilities for depression and suicide	Increase awareness and knowledge of mental health well-being	Waiting areas in the hospital	Millcreek Behavioral Health
		Increase the knowledge of signs and symptoms of depression	Throughout community	Cambridge Corry
Poor Mental Health	Distribute the magnets and other information on depression or suicide at all hospital sponsored events and community events		Patients are CMH and Rural Health Clinics	Group Home
				Corry Chamber of Commerce
				Gaudenzia
				Corry Area School District

Program	Activities	Goal	Target Population	Partners
Poor Physical Health	Encourage individuals to participate in community events promoting good health and hospital programs	Increase the number of people participating in the Free Clinic and dental clinic	Low income without medical assistance or insurance	Corry Memorial Hospital
	Provide free dental clinics at least 2 times a year for the general public	and Rural Health Clinics (CMH, Union City, and Clymer)		School District as needed
	Make referrals to Corry Free Clinic for individuals without insurance and refuse to see a family physician	To refer every patient without insurance to the Financial Counselor		LECOM Dental School
	Refer individuals without insurance or Medical Assistance to the financial counselor for assistance	To enhance basic knowledge and understanding of good health		LECOM Health
Health Literacy	Develop brochures/flyers for specific conditions to be available for people		Residents of the service area without insurance or family physician	Corry Chamber of Commerce
			Available brochures/information in waiting areas throughout the facility	Free Clinic
				Rural Health Clinics
				Independent physician practices

Program	Activities	Goal	Target Population	Partners
COVID-19	<p>Provided COVID testing for employees, patients, and general public.</p> <p>Established COVID vaccine clinics for employees and general public at the hospital.</p> <p>Established COVID vaccine clinics at the CMH Rural Health Clinic, Union City Rural Health Clinic for the general public. Also provides the booster vaccines.</p> <p>Provided COVID vaccine clinic for the Corry Area School District.</p>	To immunize as many people as possible for COVID vaccine to decrease the incidents of COVID cases in the hospital and community.	All people of the CDC age for immunizations and boosters.	<p>Corry Memorial Hospital</p> <p>Corry Memorial Hospital Rural Hospital Clinic</p> <p>Union City Rural Health Clinic</p> <p>Community</p> <p>Corry Area School District</p>



## **Conclusion**

The Community Health Care Improvement Plan was developed by the Corry Memorial Hospital Community Health Needs Improvement Committee. The Committee utilized the information from the Erie County Community Health Needs Assessment and the 2015 Erie County Community Health Blueprint. This is a multi-faceted plan. It builds on efforts already in place to address these issues.

Corry Memorial Hospital will continue to work with all stakeholders to improve the care for the residents of our service area and to continue to provide state-of-the-art, high-quality services delivered by a caring, competent healthcare team each time and every time.

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